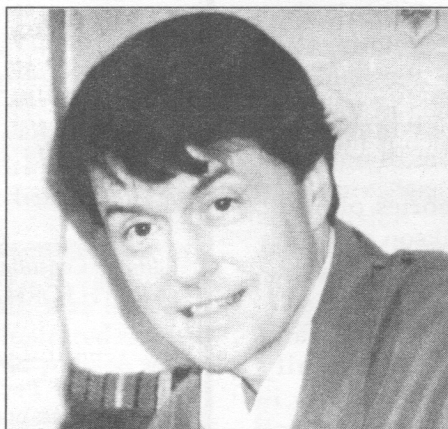


# ADELPHI SOCIETY FOR PSYCHOANALYSIS & PSYCHOTHERAPY

## NEWSLETTER

SUMMER 2004

Writing this President's Message is likely to be my last official act as president of the Adelphi Society for Psychoanalysis and Psychotherapy. My term comes to an end on the last day of August. It has been an honor serving as president. It has been challenging and personally enriching in ways I could not have foreseen. I have been very fortunate to work with a dedicated executive board — Harry Kahan, the immediate past president; Michelle Collins, president-elect (and previous chair of the year-end/holiday party committee); Linda Bergman, treasurer; Carla Vecchione, secretary; Marge Maltin, previous liaison to the postdoctoral programs' executive board (and a past president of the Society); Pearl Ketover-Prilik, liaison to the postdoctoral programs' executive board (and Newsletter editor); Elizabeth Allured, liaison to the postdoctoral programs' executive board; Mary Anne Geskie, ASPP's member of the international conference committee (and a past president of the Society); Suzanne Cooperman, previous chair of the caring and support committee (and a representative of her class); Veronica Fiske, chair of the caring and support committee (previous chair of the fall retreat committee); Julie Lehane, chair of the fall retreat committee (a previous filler of many roles); Ann Gracer, Herb Gingold, Charlotte Klein, Melinda Blitzer, Marie Carrese, and Christine Marra, each of whom represented their classes of candidates. Marge Burgard's helping and guiding hand was invaluable in getting the Society's administrative work done. And the support of our general membership has maintained ASPP as an organization which furthers the



*Stephen Long, Ph.D.*

increase and dissemination of psychoanalytic and psychological knowledge, advances professional interests and inquiry, encourages high standards in the practice of psychoanalysis and psychotherapy, and fosters professional and social interchange among our membership.

Over the past two years, this has been a very productive group. To mention just a few things — we have held the past two fall retreats in new venues, exploring exciting new possibilities. Plans for the third joint international conference have, been largely finalized and the conference, "Power and Its Discontents" is to be held in Cape Town South Africa in the summer of 2005. ASPP co-sponsored a fund raiser in support of legal action being brought by plaintiffs including the American Psychoanalytic Association, the National Coalition of Mental Health Consumers and Professionals, and the American Mental Health Alliance. This law suit is against the U.S. Department of Health and Human Services for establishing HIPPA privacy regulations which, paradoxically, make medical — and psychotherapy — records more

accessible by others without the patient's consent than ever before. ASPP also co-sponsored an Eastern Group Psychotherapy Society conference addressing gender issues from perspectives of both women and men. Our own Ted Saretsky was one of the presenters at the conference. And plans are underway for further exciting new ways of promoting the work and interests of our members.

Over the past two years we have also celebrated together at year-end and holiday parties that brought us together in a wonderful mix of elegance, camaraderie, and fun.

It is good to review what has happened over the past two years. Such reminiscing is a common practice at times of leave-taking, of endings. It is an exercise that helps consolidate a sense of identity, even at a point when things like relationships, roles, or jobs that contributed to that sense of identity are coming to an end and one's identity is moving into a new stage.

Erikson (1982) wrote about this. He saw this kind of reminiscing in the form of life review as an important aspect of old age. He also saw those times when we arrive at endings in earlier stages of life as opportunities to practice ending well in preparation for successful aging.

By the final stage of life, according to Erikson, experiences of endings have accumulated and we increasingly face other important endings over which we can expect to feel despair. However, through practice we may develop the capacities necessary for — while saying goodbye to certain aspects of life — finding meaningful and vital

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## President's Message

*Continued from page 1*

involvement in other aspects — even as we contemplate our own mortality.

In each of the President's Message sections of the Newsletter over the past two years I have raised issues of adult development with a focus on aging. That is because I spend much of my working life with some of our oldest adults. It is also because I think that psychoanalysis has much to offer for the betterment of life throughout the life span, including the study of psychological development and functioning in the final stages of life — a significant aspect of which is how one copes with loss, endings, and mortality.

Though it has been said that the theories of adult development of analytic thinkers like Erikson and Jung placed their theoretical formulations outside of psychoanalysis, I think that is no more true than saying self-psychology, object relations theory, ego-psychology, and interpersonal psychoanalysis, are not really psychoanalysis. At a time when psychoanalysis is embracing and integrating the diversity of its various schools of thought, a time during which the number of people living well into old age is rapidly growing, now would be an opportune moment to better integrate the work on adult development and aging with other psychoanalytic endeavors.

And so, as with any leave-taking and saying goodbye, I have come to the point where it actually is time for me to say goodbye as ASPP's president. In doing so, I would like to suggest keeping in mind the old saying that only the good die young. But I would like to add that psychoanalysis can help more and more of us die young at a very old age.

## REFERENCES

- Erikson, E.H. (1982). *The life cycle completed*, New York, W.W. Norton & Company.

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## ASPP NEWSLETTER

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## A NOTE TO OUR OUTGOING PRESIDENT . . .

Thank you and Bon Voyage to you Dr. Stephen Long, Ph.D., on the ending of your tenure as President of the Adelphi Society. Thank you for your strong messages of unwavering advocacy on behalf of the those who see the road's end, and the gentle yet clear reminder that we are all on the same precious road of life after all. Thank you for the courage to express your beliefs on issues ranging from the professionally practical, to the profoundly spiritual. Thank you for sharing the constant theme — that it is not the length of the road that is the point, but rather what we make of the journey for ourselves as well as for others. Your continuing encouragement for us all to do better and to enjoy more, will be missed in your President's messages but will undoubtedly continue to resonate.

— PKP



## NEWS &amp; NOTES

## CONGRATULATIONS TO:

Dr. Richard Hansen, Ph.D., who was awarded the Diplomate in Psychoanalysis from ABPP.

Dr. Frances Cohen Praver, Ph.D., on the release of her new book *Cossroads at Midlife: Your Aging Parents, Your Emotions and Your Self* (Praeger).

Dr. Stephen Long, Ph.D., who expects his book, tentatively titled *Help for Those Who Help: A Practical Guide for Dealing with Common Behavior Problems of Nursing Home Residents*, Health Professions Press, Baltimore, to be available in December. The book is written from an integrative approach to contemporary psychoanalytic thinking and behavioral psychology similar to that described by Paul Wachtel.

Dr. Leo Katz, Ph.D., who in June presented his work with a patient to the weekly clinical services meeting of the William A. White Institute. The talk was entitled: "Serendipity in Psychotherapy" and illustrated the use of poetry exchange between therapist and patient.

Dr. Deborah Serani, Psy.D., who worked as a consultant for the "Coerced episode" on the *Law & Order: SVU* television series. The APA awarded the 2004 Golden Psi to the episode's writer, Jonathan Greene, with whom she consulted on the subject of ethics, medication, and consent. <http://usatoday.com/news/health/2004-07-27-svu-award x.htm>.

Dr. Joe Newirth, Ph.D., whose book, *Between Emotion and Cognition: The Generative Unconscious*, has been nominated and is a finalist for the Gradiva Award from the National Association for the Advancement of Psychoanalysts. (see page 7)

## APOLOGIES TO:

Dr. Cary Bruschi, Ph.D., for a multitude of errors of content, grammar and punctuation that appeared in his article "The Passion" which was published in the Spring 2004 edition of this newsletter. Dr. Bruschi was meticulous in attempting to get his article "just right," and it is most unfortunate that it simply wasn't as he wished. It is now apparent, after the fact, that an early version of the article was printed and that this version itself contained a number of printer's errors. Mea culpa. (PKP)

## OFFICE SPARE FOR RENT:

Roslyn Heights Sublet. East Hills Professional building: Quiet newly redecorated, furnished, windowed office in psychotherapy suite. Convenient to major highways, Call Sally Lauve at 516-413-5921.

## SAVE THESE DATES:

Authors' Hall of Fame, Book Signing Cocktail Party, Friday, November 5, 2004, 7:00 PM, at Adelphi University Alumni House. Members of the society who have recently published will present their works, sign, their books, and be available for lively conversation. For more information or to contribute your name to the rolls of the Author's Hall of Fame call Julie Lehané at 917-649-2766 or e-mail [jalehane@aol.com](mailto:jalehane@aol.com).

Fall Conference: Saturday, November 6, 2004. A Contemporary Freudian Approach to Psychoanalysis, Dr. Steve Ellman, Live Supervision, Stimulating Discussion.

Adelphi Society FALL RETREAT, October 8-10, 2004. Jeronimo Resort/Conference Center. Program: The Zen of Supervision. Interactive program of case presentation, supervision demonstrations, group process, and the "Meet the Supervisors" dinner. Pre-registration form available in this issue.

## Condolences

Dr. Leopold Caligor and Dr. Judith Caligor. It was with profound shock and sadness that our community learned of the deaths of Dr. Leopold Caligor and Dr. Judith Caligor, both beloved and esteemed psychoanalysts, authors, and teachers in our own Post-Doctoral Program in Psychoanalysis and Psychotherapy. Deepest sympathy on this unspeakable loss flows to their daughter Eve Caligor of Scarsdale, their son Dan Caligor of the Upper West Side, their five grandchildren, along with all their family, friends, students, and colleagues who will deeply feel the loss of the beloved Caligors. Donations can be made in their honor to the Shalom Hartman Institute. Reprinted copies of the NY Times obituary and the Newsday obituary follow as a tribute to their memory.

Dr. Catherine Windwer, Ph.D. passed away on June 7th, 2004. Dr. Windwer graduated in 1987 from the Child & Adolescent Program and in 1992 from the Adult Program in Derner's Post-Doc Programs of Psychoanalysis and Psychotherapy and was a former faculty member of the School of Nursing. The Funeral was held Thursday, June 10th, 9:45 at St. Francis De Chantal Church, Wantagh Avenue, Wantagh, NY. We extend our sincere condolences to the Windwer family.

Sympathy to Dr. Gary Andrews, M.D., on the passing of his mother on June 28th, 2004. Dr. Gary Andrews just completed the 4th year of the Postdoctoral Program in Psychoanalysis & Psychotherapy and our thoughts are with him.

Best Wishes for a speedy recovery from her recent knee surgery, to Dr. Estelle Rappoport.  
Continued Best Wishes and good health to Dr. Ted Saretsky.  
Thank you to Marge Burgard who has been of inestimable assistance in getting our this newsletter.

## ON MY NEW BOOK, CROSSROADS AT MIDLIFE

by Frances Cohen Praver, Ph.D.

I just had a request for my autograph from a caller, followed by a call from a writer with the leading newspaper, *The Gazette* in my hometown of Montreal. She wants to do a story on me! Is this really happening? Oh yes, my book *Crossroads at Midlife: Your Aging Parents, Your Emotions and Your Self* (Praeger) has recently been released. In a splendidly written forward, Irwin Hirsch, Ph.D. has generously introduced the book

Only eight years ago I was anxiously waiting to be interviewed by Joe Newirth, Ph.D. for acceptance into the postdoctoral program. We chatted and he jovially concluded with "You'll do just fine," I needed his encouragement, as I was a fledgling psychologist, lacking in confidence, training and expertise in our field. Indeed, I am a fortunate woman and owe much to the Adelphi bunch and the inviting, warm, dedicated professors and my colleagues all of whom have been only too eager to share their theoretical, clinical experience, and friendship.

The inspiration of the book sprung from the death of my parents and how that experience was a pivotal time in my life. This was a most difficult time for me. My son, an adolescent, was in transition. I too was in transition, adjusting to a new career path and my forthcoming marriage.

Dizzily, I careened from crisis to crisis. No compass, no preparation for the storm of emotions. I was at sea without a rudder. I survived, with the help of my analyst, my friends, my son and my future husband. In exploring my prior and current experience, I embarked on a quest for purpose for my remaining years. In the process I found surprising prospects for development and one of them was to write this book.

In the book, I examine the emotional upheaval of the critical

juncture that one arrives at when parents age and face death. Indeed, the aging and mortality of parents elicits strong feelings of loss, abandonment, separation, and most important, the fear of our own aging and mortality. The book is anchored with psychoanalytic theory and has an existential undertone. I have illustrated my points with "reality life" evocative case studies. So, the book is aimed at the educated lay reader and the professional.

Coping with aging parents necessitates coping with one's own aging process, which affects self-esteem, relationships, and one's sex life. This could be a time of dread or a time of hope. Indeed, the media bombards one with superficial cultural ideals of youthful images, belly-buttoned singers, sexy, skinny clothes worn by anorexic thirteen-year old models and miracle diets. One's take on reality in this postmodern time, one's sense of self, and style of relating reflects on whether one succumbs to, or transcends the media's demeaning messages. It all depends on how one looks at it.

At this phase of life, our limitations light up. Yes, we may have backaches, but we have more backbone now. A little sagging here and there is no match for sagacity. The wild wanton years of yesteryear have given way to more sober, clear thinking. Earlier in life, time stretched in front of us endlessly, and passions were scattered and spent recklessly. Now time is of the essence and passions become more focused and more directed.

I have received permission from my publisher to share an excerpt of the book with you. What follows is a part of a case study that illustrates how midlife changes interact with aging parents, personality issues and with a marital system.

### Sex on the Rocks

After twenty-eight years of marital ups and downs, Arlene and Phil decided they needed help. In the past, they were somehow able to fight, make up, and remain hopeful about a brighter tomorrow. This time things were different. Arlene discovered that Phil was having an affair. She was devastated. He was contrite.

Initially Phil denied it, however, Arlene's evidence was incontrovertible. She found another woman's panties in his briefcase with a note that read "the closest thing to the real thing." It was signed "Until tonight, your sugar baby, Barbie," Phil begged Arlene's forgiveness, but she was inconsolable.

"Would you believe it? Why now? It's bad enough he cheated on me with that tramp. What's even worse — if there could be a worse — is his timing. My mother has pancreatic cancer and she's dying. I feel like I'm dying also. I need Phil's support now more than ever. So, where is he? Happily humping that twenty-three year old slut, while I'm changing bedpans. Our daughter is only two years younger than his whore. His apologies mean nothing. He's full of shit." Arlene spewed out her scathing words.

Arlene yelped like a wounded animal, then broke down and wept. Her rasping sobs reached over to me and landed with a thud. Phil felt the impact of her pain. Face down, looking dejected, Phil handed Arlene a tissue. Throwing the entire box of tissues at him, Arlene hurled more insults. Pleadingly, Phil turned to me.

"Now you can see what I'm going through. This is good; you should hear what she says at home. I know I did the wrong thing, but she's such a bitch. She never wants sex. She gives herself to everybody except me. Her mother, the children and her job all come first. I come last. When she

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## Crossroads

*Continued from page 4*

finally agrees to have sex, I can't get it up." Phil was getting worked up now.

"Why do you think that is?" I asked.

"I don't feel like a man with her." Phil exclaimed.

Arlene had kept her cool until now, but this was too much.

"But you get it up with Barbie, that slut?" she shouted. "You're pathetic, you're a loser. You can't even accept responsibility for what you did. You're no good. I'll bet you're screwing your patients. Which cavities are you filling, Phil?" Phil was proud of his orthodontist practice, so Arlene's sarcastic wit hit a sensitive nerve.

Arlene, a blue eyed, curly blond woman revealed two endearing dimples when she smiled. Lately, she was not smiling much. She was bright and caustic, but there was another side to her, Arlene was also kind, considerate, and loving. It seems her menopausal changes had affected her emotionally. She felt more edgy, irritable, and sensitive. Phil's behavior was more than she could bear.

She explained that she did not mean to reject Phil, but sex was painful for her. She had trouble sleeping and was up most nights worrying about her mother. So she was not up to sex so much. She said she tried to get Phil aroused, but he did not respond. His impotence left her feeling undesirable.

Phil had a boyish look, despite his salt and pepper hair. His navy blazer was casually open, sporting a cotton knit shirt and khaki pants. He could be articulate and charming. He could also be maddening.

Phil's side of it was that he too had undergone changes, maybe not menopause, but still changes. He did not like where the extra twenty pounds settled — around his middle.

He felt ashamed of his body. Not only was he slowing down physically, his back hurt, and he noticed some memory lapses. Arlene

was not supportive of him. Phil felt insignificant with her; most importantly, he felt impotent with Arlene. Barbie, on the other hand, was attentive and sexy. He was everything to Barbie, with her, he felt potent and young again." This is one of the case composites that I used in *Crossroads at Midlife* along with some basic descriptions of theories, the therapy process and the denouement.

Caring for an aging parent involves a role reversal — a topsy-turvy time for both parties. Parents resemble controlling, cantankerous, demanding children or frail, helpless, clinging ones. Midlife children holding onto the illusion of absolute security where parents are the powerful ones, sadly and painfully relinquish these myths. Changes in identities, separation and individuation — in effect becoming one's own parent are challenging developmental issues. Decisions formerly the domain of parents, now become the domain of adult children. With this new responsibility, the issue of paternalism arises. Recent research has focused on maximizing parents autonomy and minimizing parents paternalism, making decision more difficult than ever.

Caretakers often juggle diverse role demands in their families, love lives and work lives, bringing untold stress and strain. Emotional conflict arises between the competing needs of spouses, adolescent children or young adult children and the heart wrenching emotional engagement with elderly parents.

Powerful emotions and inner conflicts evoked by aging parents leave caretakers feeling depleted and fragmented. Whether the relationship between parent and child has been a loving or conflicted one, the experience, nevertheless, is overwhelming. Aggression and the selfish pursuit of one's own pleasure elicit shameful and guilty feelings. It is not uncommon for midlife children to wrestle with the horrid and taboo wish that parents die in order to gain freedom to go on with their own lives. Resentment of burden coupled with guilt and shame can be also be

debilitating and crippling. Indeed, many unwanted feelings arise. In order to feel more pulled together, rather than hiding from these unwanted feelings, I urge readers to embrace their dark sides.

Caring for the self, often neglected at this time troublesome time, is highlighted. Self-soothing practices, support systems, diversion, sex and play are suggested. To countervail feelings of guilt I suggest, "the more you care for your parents and the less you care for your self, the more depleted you feel and the less they benefit."

At this juncture, problems from the past rear their heads and old ghosts that have lain dormant now haunt. Painful childhood issues, unfinished family business, parent-child and sibling issues are revisited along with futile wishes that others change before parents die. Learning to let go, examining one's own self, owning shortcomings, empathizing with others and making changes as adults are challenging but vital steps in the self-transformation process.

Providing care with kindness, although a well-intentioned goal of caretakers, is often impeded by emotional turmoil. I share some therapy tools to help readers take control of inner states so that they can empathize with parents and themselves.

Finally, the reader is faced with the bitter end; the sad, poignant and painful setting of the sun on their parents. Separation is replete with loss and mourning; no matter the previous suffering, at this heart-rending time, one suffers anew. The mourning process involves grieving and everyone mourns in one's own way and in one's own time. A disquieting and ominous effect of the mortality of parents is one's own mortality and fears of the future. In response, I write "Embracing life and seizing the moment is the best antidote for the trepidation of the future. Nothing in life is certain, only death. Hence, it behooves us to live every precious moment of our lives with courage and meaning."

## Manhattan Couple Killed on L.I. Road

PUBLISHED: AUGUST 28, 2004, NEW YORK TIMES

Manhattan couple were struck and killed by a car yesterday as they crossed Montauk Highway on Long Island after dinner out at about 8:15 p.m. in the Wainscott section of East Hampton. Drs. Leopold and Judith Caligor, who were both psychoanalysts, were struck in the westbound lane by a car driven by Kathryn Heineman-Locovare, 56, of Southampton, the police said. The accident investigation has not been completed, but no charges were expected, the police said. The stretch of highway where the accident occurred is poorly lighted and the authorities believe Ms. Heineman-Locovare did not see the couple. Dr. Leopold Caligor, 82, was the director of curriculum of the William Alanson White Institute in Manhattan, where he had worked since the 1960's. Dr. Caligor wrote a book on dream interpretation, "Dreams and Symbols: Man's Unconscious Language" (1968), with the psychologist Rollo May. Dr. Caligor was a practitioner of the interpersonal approach to psychoanalysis, in which the analyst becomes a partner in the therapy. He also taught courses at the institute on dream analysis. "Considering that he was 82, he had a very youthful mind and a very youthful energy," said Dr. Joerg Bose, the institute director. "Nobody thought of him as retiring." Dr. Judith Caligor, 76, published "Individual and Group Therapy: Combining Psychoanalytic Treatments" in 1984. "They were remarkable vigorous, both of them," said Anne Ebersman, their daughter-in-law.



### Leopold and Judith Caligor, Psycholoanalysts, Educators

BY ANN GIVENS, NEWSDAY STAFF WRITER

Leopold and Judith Caligor, two prominent Manhattan psychoanalysts with a lifelong passion for teaching the subject they loved, died Thursday when they were hit by a car in Wainscott. Leopold was 82, and Judith was 76.

Dr. Leopold Caligor, director of curriculum at the William Alanson White Institute in Manhattan, was well known for study of dream interpretation, a subject on which he published a book in 1968.

Dr. Judith Caligor, who with her husband taught at Adelphi University's postdoctoral program in psychotherapy and psychoanalysis, was known for her research on integrating individual therapy with group therapy. She published a book on that subject in 1984.

"In spite of their age, they were really on the forefront, in their field," said Dr. Joseph Newirth, director of Adelphi's a postdoctoral program in psychotherapy and psychoanalysis.

The couple, who lived on the Upper West Side and had a home in Amagansett, was hit by a car Thursday as they crossed Montauk Highway after eating dinner at the Mediterranean restaurant Saracen.

Leopold Caligor was born in East New York and graduated from Brooklyn College. He earned his Ph.D. from NYU. Judith Caligor was born in Borough Park. She also graduated from Brooklyn College and earned her Ph.D. from Adelphi. The couple met at a psychoanalytical conference and married in July 1951.

Leopold Caligor was a student of the renowned psychoanalyst Erich Fromm at the William Alanson White Institute in the 1950s, according to his colleagues.

Later, he helped to develop several projects at the institute, including one that gave labor union members access to psychodynamic psychotherapy. He taught a popular course on dream interpretation, published "Dreams and Symbols: Man's Unconscious Language" in 1968. He also published "Clinical Perspectives on the Supervision of Psychoanalysis and Psychotherapy" in 1984. Leopold Caligor was president emeritus of the William Alanson White Institute.

"There are few people I have ever thought of as more youthful, or more energetic," said Sondra Wilk, director of administration and development at the William Alanson White Institute. "He was tireless and wonderfully generous, both with his thoughts and in way in which he saw people. He saw everybody's potential."

Dr. Judith Caligor was no less accomplished. She taught a course in transference at Adelphi that Newirth said was one of the more important classes in the curriculum. He said Judith Caligor's work explored how the relationship between a patient and his analyst takes on the meaning of patients' earlier experiences and earlier fantasies. She published "Group Therapy: Combining Psychoanalytic Treatments" in 1984.

Newirth said the couple's devotion both to their work, and to each other, was remarkable.

"As a couple, not only did they share this profession, but they were as close as any two people could be," he said.

The couple was active in the Jewish community and were very devoted to their five grandchildren, relatives said.

In addition to their grandchildren, the couple is survived by a daughter, Dr. Eve Caligor of Scarsdale, and a son, Dan Caligor of the Upper West Side.

A memorial service was held Sunday at the Plaza Memorial Chapel in Manhattan. Donations can be made in their honor to the Shalom Hartman Institute.

*A dark road, a brilliant couple, together not intertwined in eternity's sweet dream . . . One suspects that both Caligors would have had a great deal to say about such . . . The community is shocked and bereft, aching with the loss of their physicality, even as their presence continues to glow within the lives and dreams of all who knew them. (PKP)*



Dr. Joe Newirth Ph.D.

*Continued from page 3*

The following review will be in *Choice*, a journal of reviews for University Libraries:

*Drawing on his experience as an analyst, an academic, and a clinical supervisor, Newirth puts forward a bold reconceptualization of the unconscious, the "generative unconscious," as opposed to the repressive one of classical psychoanalytic theory. Newirth develops a neo-Kleinian perspective on the unconscious as a source of creativity and energy in opposition to the viewpoint that the unconscious is fundamentally pathological. The theory that emerges is a judicious blend of Kleinian, Freudian, and Lacanian thought that is aimed at addressing what Newirth sees as the peculiarly postmodern crisis in subjectivity, namely, subjectivity's diminishment due to the misappropriation of the unconscious. The study of masochism is particularly threnchant. The book is brilliantly illustrated with case material. Summing Up: Highly recommended. Upper-division undergraduates through faculty and professionals.*

— M. Uebel, University of Kentucky.

## AND NOW .... A FINAL WORD FROM THE EDITOR ....

This will be my last edition as newsletter editor. Although it is an ending that I undertook I now find, as is the way with so many of life's endings, that I am already filling with nostalgia. I have felt connected to so many, as a conduit for communication among members of the Adelphi Society. I have been delighted to learn of, and disseminate news of births and books, of seminars, and papers and talks and conferences and all kinds of wonderful personal and professional accomplishments. I have been saddened by the news of deaths, concerned about illnesses and cheered by recoveries. It has been a pleasure to read the President's Messages, to correspond to and fro first with Iris Gair, and then with a good deal of laughter with Harry Kahan and most recently with Stephen Long.

I have been filled with a sense of connection, and a renewed sense of how vital connections, no matter how indirect they may appear, are to the health of the human spirit.

The newsletter has been filled with your poetry, with your passion, with your news, with your pride, your sorrows, your plans, your accomplishments, your opinions, your theories, and all of your unique points of view. I have always been keenly aware of those who read as well as those who have written. In fact, as editor of the newsletter, sharing a dozen or so pages of news and commentary each season of the year, gave me the unique pleasure of feeling a bit like the ASPP town crier.

And so, in that spirit I say to all in this Summer of 2004, that I hope that we are headed towards a better and more humane world, and hope that all will be well, as I ring the bell for the last time, and walk back home. I trust I'll be seeing you in town from time to time.

— PKP

SUMMER 2004

## SEND US YOUR NEWS

The *ASPP Newsletter* welcomes members' contributions to the News & Notes Column. Let us know of your presentations, publications, awards, honors, professional appointments, as well as personal news and significant life events. Send your News & Notes to Pearl Ketover Prilik, D.S.W., 226 7th Street, Garden City, NY 11530, or e-mail: DRPKP@aol.com.

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